



# STUDENT ACADEMIC DIFFICULTY ASSESSMENT

## Arrupe College of Loyola University Chicago

### Self-Assess Obstacles to Academic Success

Place a check mark next to each of the items you feel are obstacles in reaching your academic goals.

#### Academic/Study Skills

- Learning disabilities
- Study habits
- Notetaking skills
- Concentration
- Time management
- Study environment
- Ineffective study time
- High anxiety
- Test anxiety
- Lack of preparation
- Inadequate reading skills
- Inadequate writing skills
- Inadequate math skills
- Disconnection with instructor(s)
- Poor academic advising
- Unclear educational goals
- Lack of proper materials (books, etc.)
- Other (Please List)

#### Family

- Parental interference
- Spouse/children problems
- Household obligations
- Physical/emotional abuse
- Divorce/separation in family
- Family health problems
- Other (please list)

#### Work/Finance

- I work too many hours
- I have problems with my boss
- Work is not flexible about scheduling
- I may lose my job
- I can't find part-time work
- I have trouble with my co-workers
- I'm worried about money
- I don't understand the financial assistance requirements (forms, etc.)
- I don't have adequate financial assistance
- My family financial situation has changed
- Other (please list)

#### Personal

- Stressed all the time
- Relationship worries
- Cultural pressures
- Loss of family/friend
- Loneliness
- Depression
- Socially shy
- Substance abuse
- Health/medical issues
- Illness
- Recovery from traumatic event
- Housing problems
- Commute
- Dislike of Arrupe
- Negative attitude
- Lack of motivation
- Other (please list)

Student name: \_\_\_\_\_